

NUTRITIONAL FACTS

The Kansas City Steak Company

4 (16oz) Boneless Ribeyes

Nutrition Facts	
Serving Size 4 oz(112g)	
Servings Per Container 16	
Amount Per Serving	
Calories 260	Calories From Fat 170
% Daily Value*	
Total Fat 19g	29%
Saturated Fat 8g	40%
Trans Fat 1g	
Cholesterol 85mg	28%
Sodium 55mg	2%
Total Carb 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 22g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 376g
Dietary Fiber	25g 30g

KEEP FROZEN
4 (16oz) BONELESS BEEF RIBEYE STEAK
MECHANICALLY TENDERIZED

COOKING INSTRUCTIONS: GRILL UNTIL PRODUCT REACHES 145F AS MEASURED BY A FOOD THERMOMETER AND HOLD THE PRODUCT AT OR ABOVE THAT TEMPERATURE FOR 3 MINUTES

NET WEIGHT 4.00 lbs.