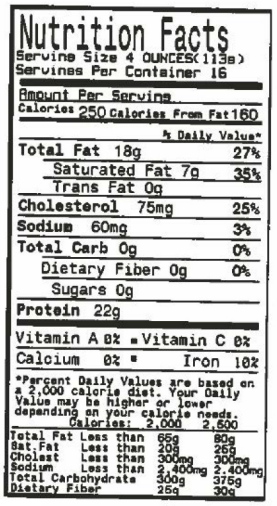
NUTRITIONAL FACTS

The Kansas City Steak Company

4 (16oz) Bone-In Kansas City Strips



Nutrition Facts

Serving Size 4 OUNCES(113g)
Servings Per Container 16

Amount Per Serving

Calories 250 Calories From Fat 160

	% Daily Value*
Total Fat 18g	27%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 60mg	3%
Total Carb 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 22g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat.Fat	Less than	20g	25g
Cholest	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

KEEP FROZEN
4 (16OZ) BEEF BONE IN STRIP STEAK
MECHANICALLY TENDERIZED

COOKING INSTRUCTIONS: GRILL UNTIL PRODUCT REACHES 145F AS MEASURED WITH A FOOD THERMOMETER, AND HOLD THE PRODUCT AT OR ABOVE THAT TEMPERATURE FOR 3 MINUTES.

NET WEIGHT 4.00 lbs.