

# NUTRITIONAL FACTS

My Grandma's of New England

## 28 oz. Pineapple Coconut & Red, White & Blue Patriot



Nutrition Facts		Calories 2,000 2,500	
Serving Size: 1/14 cake (57g)		Total Fat	Less Than 65g 80g
Servings Per Container 14		Sat Fat	Less Than 20g 25g
Amount per Serving		Cholesterol	Less Than 300mg 300mg
<b>Calories 270</b>	Calories from fat 100	Sodium	Less Than 2,400mg 2,400mg
% Daily Value*		Total Carbohydrate	300g 375g
<b>Total Fat 12g</b>	<b>18%</b>	Dietary Fiber	25g 30g
Saturated Fat 5g	24%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Trans Fat 0g		<b>INGREDIENTS:</b> Ingredients: Sugar, Sour Cream (cultured milk, cream, nonfat milk, rennet), Pineapple, Enriched Bleached Wheat Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Eggs, Soybean Oil, Coconut (coconut, sugar, water), Palm Oil, Leavening (monocalcium phosphate, sodium bicarbonate, sodium acid pyrophosphate, cornstarch), Modified Food Starch, Propylene Glycol Mono and Diesters of Fat and Fatty Acids (emulsifier), Vanilla Extract, Dextrose, Egg Whites, Mono and Di-glycerides (emulsifier), Salt, Natural Flavors, Sodium Stearoyl Lactylate (emulsifier), Tetrasodium Pyrophosphate, Disodium Phosphate, Xanthan Gum, Calcium Sulphate, Gum Arabic, Soy Lecithin (emulsifier), Cellulose Gum, Turmeric Extracts (for added color).	
<b>Cholesterol 35mg</b>	<b>12%</b>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">CONTAINS WHEAT, EGGS, SOY (OIL), COCONUT AND MILK. MANUFACTURED IN A FACILITY THAT USES TREE NUTS.</p>	
<b>Sodium 260mg</b>	<b>11%</b>		
<b>Total Carbohydrate 40g</b>	<b>13%</b>		
Dietary Fiber <1g	3%		
Sugars 19g			
<b>Protein 3g</b>			
Vitamin A 2%	• Vitamin C 4%		
Calcium 8%	• Iron 4%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

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Servings Per Container 14		Sat Fat	Less Than 20g 25g
Amount per Serving		Cholesterol	Less Than 300mg 300mg
<b>Calories 240</b>	Calories from fat 100	Sodium	Less Than 2,400mg 2,400mg
% Daily Value*		Total Carbohydrate	300g 375g
<b>Total Fat 11g</b>	<b>17%</b>	Dietary Fiber	25g 30g
Saturated Fat 4g	20%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Trans Fat 0g		<b>INGREDIENTS:</b> Sugar, Sour Cream [Cultured Pasteurized Milk, Cream, Nonfat Milk, and Enzyme], Enriched Bleached Wheat Flour (Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs, Soybean Oil, Cranberries, Blueberries, Maple Syrup, Palm Oil, Leavening (Monocalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyro-phosphate, Cornstarch), Modified Food Starch, Propylene Glycol Mono- and Diesters of Fat and Fatty Acids (Emulsifier), Vanilla Extract, Cinnamon, Dextrose, Egg Whites, Mono- and Diglycerides (Emulsifier), Salt, Natural Flavors, Sodium Stearoyl Lactylate (Emulsifier), Tetrasodium Pyrophosphate, Disodium Phosphate, Xanthan Gum, Calcium Sulphate, Gum Arabic, Soy Lecithin, Cellulose Gum, Extractives of Turmeric (for color).	
<b>Cholesterol 40mg</b>	<b>13%</b>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">CONTAINS: EGGS, MILK, SOY (OIL), WHEAT. MANUFACTURED IN A FACILITY THAT USES TREE NUTS.</p>	
<b>Sodium 270mg</b>	<b>11%</b>		
<b>Total Carbohydrate 32g</b>	<b>11%</b>		
Dietary Fiber less than <1g	3%		
Sugars 22g			
<b>Protein 3g</b>			
Vitamin A 4%	• Vitamin C 2%		
Calcium 8%	• Iron 4%		
* Percent Daily Values are based on a 2,000 calorie diet.			