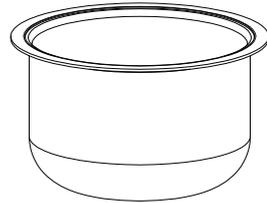




# CARB-REDUCING RICE COOKER

## PARTS

- A. Lid
- B. Top Temperature Sensor
- C. Steam Valve
- D. Inner Cover (Removable)
- E. Inner Pot (Removable)
- F. Button (Push to Open)
- G. Body
- H. Rice Spatula
- I. Soup Ladle
- J. Measuring Cup
- K. 3 Pin Power Cord
- L. Carb Reducing Insert



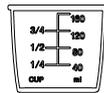
E.



H.



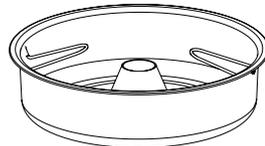
I.



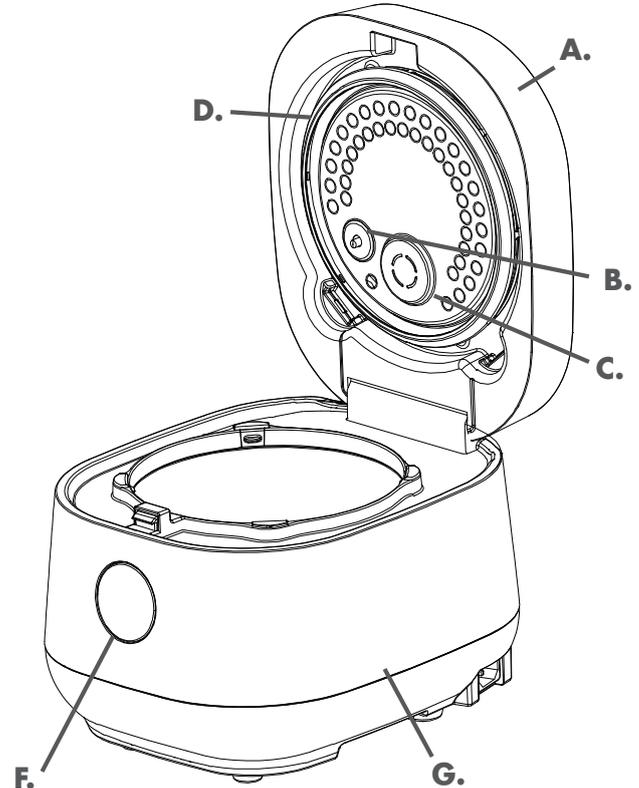
J.



K.



L.



# CONTROL PANEL

- Cooking times will vary depending on the type of rice, room temperature, water temperature, water amount, etc.
- Keep warm should be used for a maximum of 3 hours to prevent rice from burning.



## 1. Warm/Cancel

- Press and hold 1 second to enter Keep Warm mode.
- Press and hold for 1 second to stop after cooking is completed if you don't want to keep your rice warm.

## 2. Delay Timer

Press Delay Timer to delay the start of your cooker cycle. The unit will only start to cook after the countdown is complete. Use + or - to increase or decrease the desired start time, in increments of 30 minutes. Delay can be set between 1-24 hours.

## Option One

- After plugging the unit in, press Delay Timer.
- Press + or - to adjust the desired time.
- Press < or > to select the desired function.
- Press Start.

## Option Two

- After plugging the unit in, press < or > to select the desired function.
- Press Delay Timer.
- Press + or - to adjust to the desired time.
- Press Start.

## 3. < and >

Press < or > to scroll through preset functions, White Rice, Brown Rice, Quinoa, Bean, Steel Cut Oats, Low Carb Brown Rice,

Low Carb White Rice, Soup, Multi Grain, or Wild Rice. The function will flash to show which cooking is selected. Press Start if cooking time is okay. Use + and - if you want to adjust time.

## 4. Start/Power

- After plugging in the unit, press start to activate control panel.
- After selecting the function, press and hold start for 1 second to start cooking.

## 5. Timer

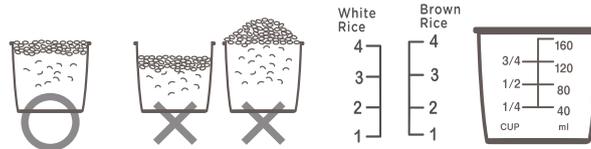
- Press + or - to adjust cooking time.
- After pressing Delay Timer, use the + or - to set the desired start time. Delay can be set between 1-24 hours.

**Note:** Delay Timer is not an option for Soup Mode.

## For Information on Carb Reduction Technology and how to use please see page 6 of C&U.

### Rice

MEASURE THE RICE WITH LEVEL SCOOPS. DON'T OVERFILL.



Use the provided Measuring Cup or your own measuring cup for dry ingredients (white rice, brown rice, steel cut oats and quinoa). Use the measuring line on the removable pot for maximum water level. (Measurements are based on Measuring Cup provided. Ok to use your own).

**IMPORTANT:** Do not throw away. Read before operating your GREENPAN Carb-Reducing Rice Cooker. Keep for future reference. To ensure safe operation and optimal performance, please read the entire Instruction/Care & Use Booklet.

# COOKING CHART

Function	Rice/Grain Amount	Water Amount	Default Time	Cooking Time
White Rice	1 Cup 2 Cups 3 Cups 4 Cups	Use Line 1 Line 2 Line 3 Line 4 of White Rice	40 Minutes	25-60 Minutes
Brown Rice	1 Cup 2 Cups 3 Cups 4 Cups	Use Line 1 Line 2 Line 3 Line 4 of Brown Rice	70 Minutes	50-90 Minutes
Quinoa	1 Cup 2 Cups	1-1/2 Cups 3 Cups	30 Minutes	20-40 Minutes
Steel Cut Oats	1/2 Cup 1 Cup 2 Cups	1 1/4 Cups 2 1/2 Cups 5 Cups	30 Minutes	20-40 Minutes
Low Carb White Rice	1-1/2 Cups	Use Line 1-1/2 of Low Carb	45 Minutes	30-50 Minutes
Low Carb Brown Rice	1-1/2 Cups	Use Line 1-1/2 of Low Carb	80 Minutes	60-85 Minutes
Soaked Beans	2 Cups	Line 2 of White Rice	60 Minutes	50-150 Minutes
Soup	N/A	4 Cups Max	60 Minutes	30-180 Minutes
Multi Grain	1 Cup 2 Cups	Use Line 1 Line 2 of Brown Rice	60 Minutes	50-90 Minutes
Wild Rice	1 Cup 2 Cups	1-1/2 Cups 3 Cups	60 Minutes	50-80 Minutes