

# NUTRITIONAL FACTS

**INGREDIENTS:** Grass Fed Whole Milk (Soy Lecithin), Sugar, Grass Fed Skim Milk, Colors (Beet Juice and Grape Extract), Live Active Yogurt Cultures (S.thermophilus, L.bulgaricus, L.rhamnosus, L.helveticus), Natural Flavors, Cherry Powder.  
*Contains Milk and Soy products. Manufactured in a facility that also processes foods containing Coconut.*

## Nutrition Facts

7 servings per packet

**Serving size 1/7 packet (34g)**  
**(Makes 5 OZ (143g) prepared)**

Amount per serving

**Calories 150**

% Daily Value\*

**Total Fat 5g 6%**

Saturated Fat 3g **15%**

Trans Fat 0g

**Cholesterol 15mg 5%**

**Sodium 60mg 3%**

**Total Carbohydrate 21g 8%**

Dietary Fiber 0g **0%**

Total Sugars 21g

Includes 12g Added Sugars **24%**

**Protein 7g 13%**

Vitamin D 0mcg 0% • Calcium 210mg 16%

Iron 0mg 0% • Potassium 264mg 6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**EASIYO PRODUCTS LTD:** NZ766  
6 JOHN GLENN AVENUE,  
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MADE IN NEW ZEALAND

# NUTRITIONAL FACTS

**INGREDIENTS:** Grass Fed Whole Milk (Soy Lecithin), Sugar, Grass Fed Skim Milk, Natural Flavors, Live Active Yogurt Cultures (S.thermophilus, L.bulgaricus, L.rhamnosus, L.helveticus), Color (Beet Juice), Raspberry Powder, Blueberry Powder.  
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## Nutrition Facts

7 servings per packet

**Serving size 1/7 packet (33g)**  
**(Makes 5 OZ (143g) prepared)**

Amount per serving

**Calories 150**

% Daily Value\*

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 55mg	<b>2%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 21g	
Includes 12g Added Sugars	<b>25%</b>
<b>Protein</b> 6g	<b>12%</b>

Vitamin D 0mcg 0% • Calcium 186mg 14%

Iron 0mg 0% • Potassium 233mg 5%

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# NUTRITIONAL FACTS

**INGREDIENTS:** Grass Fed Whole Milk (Soy Lecithin), Sugar, Multifloral Mānuka Honey (0.7%), Natural Flavor, Live Active Yogurt Cultures (S.thermophilus, L.bulgaricus, L.rhamnosus, L.helveticus).

*Contains Milk and Soy products. Manufactured in a facility that also processes foods containing coconut.*

## Nutrition Facts

7 servings per packet

**Serving size 1/7 packet (30g)**  
**(Makes 5 OZ (143g) prepared)**

Amount per serving

**Calories 140**

% Daily Value\*

**Total Fat** 6g **8%**

Saturated Fat 4g **20%**

Trans Fat 0g

**Cholesterol** 15mg **5%**

**Sodium** 50mg **2%**

**Total Carbohydrate** 17g **6%**

Dietary Fiber 0g **0%**

Total Sugars 17g

Includes 10g Added Sugars **20%**

**Protein** 5g **10%**

Vitamin D 0mcg 0% • Calcium 173mg 13%

Iron 0mg 0% • Potassium 217mg 5%

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**INGREDIENTS:** Grass Fed Whole Milk (Soy Lecithin), Sugar, Caramelized Sugar, Natural Flavors, Salt, Color (Beta-Carotene), Live Active Yogurt Cultures (*S.thermophilus*, *L.bulgaricus*, *L.rhamnosus*, *L.helveticus*).

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## Nutrition Facts

7 servings per packet

**Serving size 1/7 packet (33g)**  
**(Makes 5 OZ (143g) prepared)**

Amount per serving

**Calories 150**

% Daily Value\*

**Total Fat** 6g **8%**

Saturated Fat 4g **20%**

Trans Fat 0g

**Cholesterol** 15mg **5%**

**Sodium** 75mg **3%**

**Total Carbohydrate** 20g **7%**

Dietary Fiber 0g **0%**

Total Sugars 19g

Includes 12g Added Sugars **24%**

**Protein** 5g **10%**

Vitamin D 0mcg 0% • Calcium 175mg 13%

Iron 0mg 0% • Potassium 218mg 5%

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# NUTRITIONAL FACTS

**INGREDIENTS:** Grass Fed Whole Milk (Soy Lecithin), Sugar, Grass Fed Skim Milk, Live Active Yogurt Cultures (*S.thermophilus*, *L.bulgaricus*, *L.rhamnosus*, *L.helveticus*), Natural Flavors, Color (Beet Juice), Strawberry Powder.

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% Daily Value\*

**Total Fat** 5g **6%**

Saturated Fat 4g **20%**

*Trans* Fat 0g

**Cholesterol** 15mg **5%**

**Sodium** 50mg **2%**

**Total Carbohydrate** 20g **7%**

Dietary Fiber 0g **0%**

Total Sugars 20g

Includes 12g Added Sugars **25%**

**Protein** 6g **11%**

Vitamin D 0mcg 0% • Calcium 182mg 14%

Iron 0mg 0% • Potassium 226mg 5%

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**Protein** 6g **12%**

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