

# NINJA®

BL688Q  
OWNER'S GUIDE



ninjakitchen.com  
1 877 646-5288

# IMPORTANT SAFETY INSTRUCTIONS

## For Household Use Only

WHEN USING ELECTRICAL APPLIANCES, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

READ ALL INSTRUCTIONS BEFORE USING YOUR NINJA® BLENDER 1200 WITH AUTO-IQ® TECHNOLOGY.

### POLARIZED PLUG

**⚠ WARNING:** To reduce the risk of electric shock, this appliance has a polarized plug (one blade is wider than the other). This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. **DO NOT** modify the plug in any way.

**⚠ WARNING:** Extension cords are not recommended for use with this product.

### THIS BOOK COVERS MODEL NUMBERS

BL688Q

### TECHNICAL SPECIFICATIONS

Voltage:	120V~, 60Hz.
Power:	1200 Watts
Pitcher Capacity:	72 oz. (9 cups, 2.1 L)
Max Liquid Capacity:	64 oz. (8 cups, 1.9 L)

### ⚠ WARNING:

TO REDUCE THE RISK OF FIRE, ELECTRIC SHOCK OR INJURY:

- 1 **⚠ WARNING:** Remove utensils prior to processing. Failure to remove may cause the jar to be damaged or to shatter which may cause personal injury.
- 2 **⚠ WARNING:** Stacked Blade Assembly is sharp, not locked in place and removable, handle with care. When handling the Stacked Blade Assembly, always hold it by the shaft. Failure to do so will result in a risk of laceration.
- 3 **⚠ WARNING:** Stacked Blade Assembly is sharp and not locked in place. If using the pour spout, ensure the lid is fully locked onto the pitcher. If pouring with the lid removed, carefully remove the Stacked Blade Assembly first, holding it by the shaft. Failure to do so will result in a risk of laceration.
- 4 **⚠ CAUTION:** Do not blend hot liquids, doing so may cause excessive pressure build-up, resulting in risk of the user being burned.
- 5 To protect against electrical shock, **DO NOT** submerge the appliance or allow the power cord to come into contact with water or any other liquid.
- 6 **DO NOT** allow young children to operate the appliance or use as a toy. Close supervision is necessary when any appliance is used near children.
- 7 **NEVER** leave an appliance unattended when in use.



- 8 Appliance accessories are not intended to be used in the microwave as it may result in damage to the accessories.
- 9 Turn the appliance off and remove the power cord from the electrical outlet when not in use, before assembling or disassembling parts, and before cleaning. To unplug, grasp the plug and pull from the electrical outlet. **NEVER** pull from the power cord.
- 10 **DO NOT** abuse the power cord. **NEVER** carry the appliance by the power cord or yank it to disconnect from electrical outlet; instead grasp the plug and pull to disconnect.
- 11 **DO NOT** operate any appliance with a damaged cord or plug, or after the appliance malfunctions, has been dropped or damaged in any manner. This appliance has no serviceable parts. Return the appliance to SharkNinja Operating LLC for examination, repair or adjustment.
- 12 **DO NOT** let the power cord hang over the edge of table or counter or touch hot surfaces such as the stove.
- 13 **ALWAYS** use appliance on a dry, level surface.
- 14 Keep hands, hair, clothing, as well as utensils out of container while processing to reduce the risk of severe injury to persons or damage to the appliance. A scraper may be used but **ONLY** when the appliance is not running.
- 15 Avoid contact with moving parts.
- 16 **DO NOT** attempt to sharpen blades.
- 17 **DO NOT** use the appliance if blade assemblies are bent or damaged.
- 18 To reduce risk of injury, **NEVER** place the blade assemblies on the base without the pitcher.
- 19 **DO NOT** operate this appliance on or near any hot surfaces (such as gas or electric burner or in a heated oven).
- 20 The use of attachments or accessories including canning jars, not recommended by the manufacturer may result in fire, electric shock or personal injury.
- 21 **DO NOT** remove the container from the motor base while the appliance is in operation.
- 22 To reduce the risk of injury, **NEVER** operate the appliance without the lid in place; **DO NOT** try to defeat the interlock mechanism; make sure that the attachment is properly installed before operating the appliance.
- 23 **DO NOT** expose containers to extreme temperature changes.
- 24 **DO NOT** overfill.
- 25 **DO NOT** operate the appliance empty.
- 26 To reduce the risk of burns, always allow the appliance to cool before taking off parts and before cleaning.
- 27 In the event that the unit overloads, the control panel lights will flash and the unit will shut down. Unplug the appliance and let it cool down for approximately 15 minutes before using again.
- 28 **THIS PRODUCT IS INTENDED FOR HOUSEHOLD USE ONLY.** Do not use this appliance for anything other than its intended use. Do not use outdoors.
- 29 The maximum rating is based on the Stacked Blade Assembly (pitcher) that drives the greatest power and other recommended attachments may draw significantly less power or current.

## SAVE THESE INSTRUCTIONS



## Contents

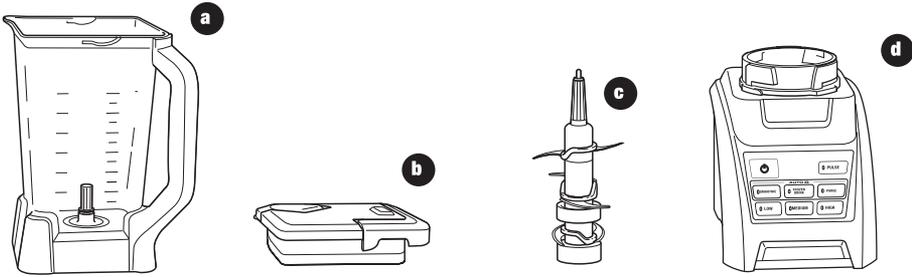
Thank you for purchasing the Ninja® Blender 1200 with Auto-iQ® Technology.

Getting to Know Your Ninja Blender 1200 with Auto-iQ Technology.....	4
Before First Use . .....	5
Assembly and Use of the Pitcher.....	6
Programs, Speed Settings & Uses for the Pitcher .....	8
Care & Maintenance .....	8
Troubleshooting Guide.....	9
Replacement Parts.....	9
Warranty & Registration.....	10



# Getting To Know Your Ninja® Blender 1200 with Auto-iQ® Technology

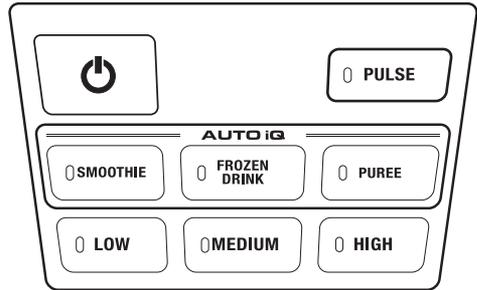
The Ninja Blender 1200 with Auto-iQ Technology is a professional, high powered innovative tool with a sleek design and outstanding performance, a true asset to any kitchen. The Ninja Blender 1200 with Auto-iQ Technology features intelligent programs that combine unique pulsing, blending and pausing patterns that do the work for you! Get great results every time with no guesswork required! For best results, be sure to carefully read all the instructions contained in the manual before using this appliance.



- a Pitcher
- b Pitcher Lid with Locking Handle
- c Stacked Blade Assembly
- d Motor Base
- e Power Cord (not shown)

## Ninja Blender 1200 with Auto-iQ Technology Features:

- Ninja Blade Technology
- BPA Free Pitcher
- Drip-Free Pour Spout
- LED Control Panel
- Sturdy, Non-Slip Base
- Smart Lid technology for easy release
- 3 speeds: Low, Medium, & High
- 3 Auto-iQ Programs - Smoothie, Frozen Drink, Puree



## Before First Use

### PLEASE KEEP THESE IMPORTANT SAFEGUARDS IN MIND WHEN USING THE APPLIANCE:

**IMPORTANT:** Make sure that the motor base is plugged in for use.

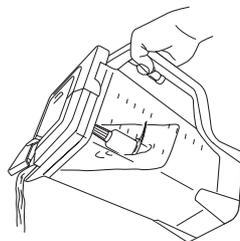
**IMPORTANT:** Never add ingredients into the container before placing the Blade Assembly in first.

**IMPORTANT:** DO NOT attempt to operate the appliance without the lid on.

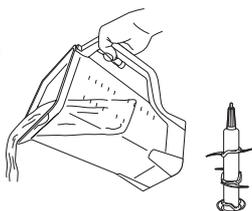
**IMPORTANT:** Never run the appliance empty.

**IMPORTANT:** Appliance accessories are not intended to be used in the microwave as it may result in damage to the accessories.

**⚠ WARNING:** Stacked Blade Assembly is sharp and not locked in place. If using the pour spout, ensure the lid is fully locked onto the pitcher. Failure to do so will result in a risk of laceration.



**⚠ WARNING:** Stacked Blade Assembly is sharp and not locked in place. If pouring with the lid removed, carefully remove the Stacked Blade Assembly first, holding it by the shaft. Failure to do so will result in a risk of laceration.



**⚠ CAUTION:** Do not immerse the motor base into water or any other liquid.

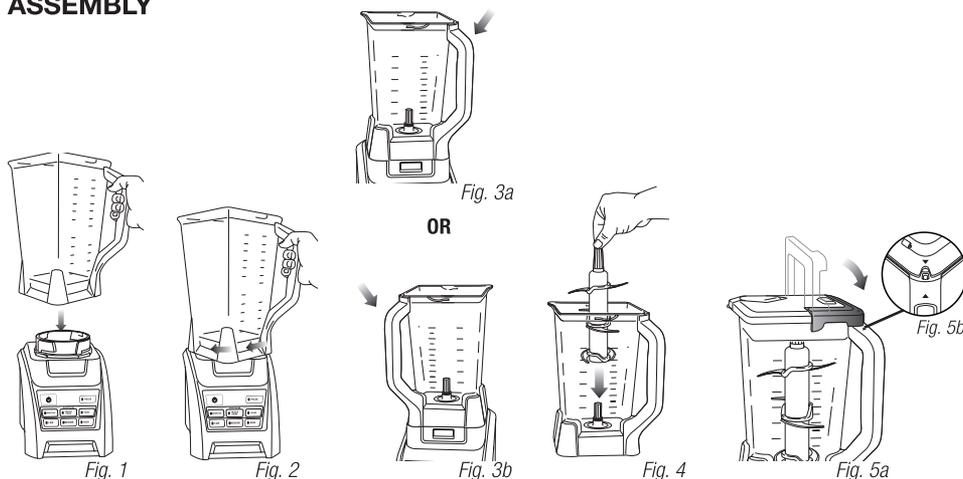
- 1 Remove all packaging material and labels from the appliance. Separate/remove all parts from each other.
- 2 Wash the lid, pitcher, and Stacked Blade Assembly in warm, soapy water. When washing the stacked blade assembly, use a dish-washing utensil with a handle to avoid direct hand contact with blades.
- ⚠ WARNING:** Handle the Stacked Blade Assembly with care when washing, as the blades are sharp.
- 3 Handle the Stacked Blade Assembly with care to avoid contact with sharp edges. Rinse and air dry thoroughly.
- 4 The pitcher, lid, and Stacked Blade Assembly, are all dishwasher safe. It is recommended that the lids and blade assemblies be placed on the top rack. Ensure that the blade assembly are removed from the container before placing in the dishwasher.
- 5 Wipe the motor base clean with a damp cloth.



## Assembly and Use of the Pitcher

- ⚠ **WARNING:** Handle the Stacked Blade Assembly with care, as the blades are sharp.
  - ⚠ **WARNING:** Remove utensils prior to processing. Failure to remove may cause the pitcher to be damaged or to shatter, which may cause personal injury.
  - ⚠ **WARNING:** Never leave the appliance unattended while in use.
  - ⚠ **CAUTION:** Do not blend hot liquids, doing so may cause excessive pressure buildup, resulting in risk of the user being burned.
- IMPORTANT:** Make sure that the motor base is plugged in for use.

### ASSEMBLY



It's best to add the liquid ingredients first and then the dry ingredients.

- 1 Review warning and caution statements above before proceeding to step 2.
- 2 Place the motor base on a clean, dry, level surface such as a counter or table top. Press down on the motor base to make sure that the suction cups adhere to the counter or table top.
- 3 Align and lower the Pitcher onto the motor base. **(Fig. 1)** Handle should be aligned slightly to the right of the "LOCK" symbol on the motor base.
- 4 Rotate the pitcher clockwise until it clicks in place. As the pitcher rotates, it will lower and the safety tabs on the bottom of the pitcher will slide under the safety tabs on the top of the motor base. **(Fig. 2)**
- 5 The pitcher can be placed on the motor base two ways; the handle can be on the front right corner or the front left corner. **(Fig. 3a, Fig. 3b)**
- 6 Holding the Stacked Blade Assembly by the top of the shaft, place it onto the drive gear inside the pitcher. Ensure that the Stacked Blade Assembly is seated properly and is standing upright. **(Fig. 4)**  
**NOTE:** The Stacked Blade Assembly will fit loosely on the drive gear.
- 7 Add the ingredients to the pitcher, making sure that they do not exceed the highest measured marking line on the side of the pitcher.  
**NOTE:** If you need to add additional ingredients while the appliance is processing, open the pour spout cap and pour the ingredients in through the opening.  
**NOTE:** When blending any kind of liquids, such as mixtures of any drinks or smoothies, do not exceed the "MAX" liquid mark (64 oz.) on the pitcher.
- 8 Plug the power cord into the electrical outlet and press the power button (⏻).  
**IMPORTANT:** As a safety feature, the power light (⏻) will flash and the motor will not work if the Pitcher and lid are not installed correctly. When the Pitcher and lid are installed properly, the power light (⏻) will be solid, indicating that the appliance is ready for use.
- 9 Holding the lid by the handle in the upright position, place it on top of the pitcher aligning the triangle (▼) located on the lid with the triangle (▲) located on the pitcher's handle. **(Fig. 5a)** Press the handle down until you hear a click. The triangles on the lid and the pitcher handle **MUST** be aligned in order for the blender to turn on. **(Fig. 5b)**

## Assembly and Use of the Pitcher - cont.

### USE

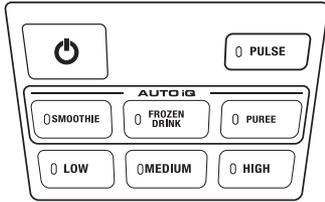


Fig. 6



Fig. 7

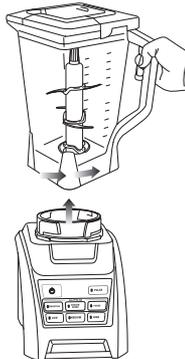


Fig. 8



Fig. 9



Fig. 10

- 10 Review warning and caution statements on page 6 before proceeding.

**NOTE:** Ninja® Blender 1200 with Auto-iQ® Technology can sense which jar is on the motor base. The function lights will illuminate depending on which jar is placed on the motor base. (Fig. 6)

- 11 Press the power button to turn on the unit. Select the speed or Auto-iQ Program that best suits your needs. The Auto-iQ program will stop the appliance automatically at the end of the program. (Fig. 7)
- 12 To pause the appliance, press the selected speed or Auto-iQ Program a second time. When the program is paused, the light on the program button will flash until you press it again to resume the rest of the program.
- 13 When you have reached your desired consistency, stop the appliance by pressing the power button (⏻) and wait for the Stacked Blade Assembly to stop turning. (Fig. 7)

- 14 Turn the pitcher counterclockwise to remove and then lift off the base. (Fig. 8)

**⚠ WARNING: Never insert your hands in the pitcher as the Stacked Blade Assembly is sharp. Always use a spatula to dislodge food that has stuck to the sides of the pitcher.**

- 15 Open the pour spout cap and use the spout to empty liquid contents.
- 16 For thicker consistencies, first remove the lid by pressing the release button and pulling the lid handle up to a 90 degree angle to lift lid off the pitcher. Then, carefully remove the Stacked Blade Assembly by the top of the shaft. Place the Stacked Blade Assembly away from the work area to avoid accidental contact. Finally, empty contents from the pitcher. (Fig. 9)
- 17 Make sure that the unit is unplugged when not in use.
- 18 To release the motor base from the counter or table top, place your hands underneath both sides of the motor base and gently pull the unit up and towards you. (Fig. 10)

## Programs, Speed Settings & Uses for the Pitcher



FUNCTION	CONTAINER	BLADE TYPE	SPEED or PROGRAM	TYPE OF FOOD
Frozen Drinks	Pitcher	Stacked Blade Assembly	Auto-iQ Frozen Drink	Ice Frozen Cocktails Frozen Desserts
Pureeing	Pitcher	Stacked Blade Assembly	Auto-iQ Puree	Soups* Sauces* Dips
Smoothie	Pitcher	Stacked Blade Assembly	Auto-iQ Smoothie	Smoothies Milkshakes Protein Shakes Ice

\* When blending soups or sauces, make sure they're cooled to room temperature first - Ninja® containers are not intended for hot blending.

## Care & Maintenance

### HOW TO CLEAN

**CAUTION:** Make sure that the motor base is unplugged from the power source before inserting or removing any blade assembly and before cleaning.

**CAUTION:** DO NOT immerse the motor base into water or any other liquid.

- 1 Separate/remove all parts from each other.
- 2 **Hand-Washing:** Wash the container, lid, and Stacked Blade Assembly in warm, soapy water. When washing the Stacked Blade Assembly, use a dish-washing utensil with a handle to avoid direct hand contact with blades. Handle blade assembly with care to avoid contact with sharp edges. Rinse and air dry thoroughly.

**Dishwasher:** The container, lid, and Stacked Blade Assembly are all dishwasher safe. The lid and blade assembly are top rack dishwasher safe. Ensure that the Stacked Blade Assembly is removed from the container before placing in the dishwasher.

**WARNING:** Handle the Stacked Blade Assembly, with care when washing, as the blades are sharp. Contact with the blades' edges can result in laceration.

- 3 Wipe the motor base clean with a damp cloth.

Please call customer service if any servicing needs to be performed on the appliance at 1-877-646-5288.

### HOW TO STORE

- 1 Store the Ninja® Blender 1200 with Auto-iQ® Technology upright with the stacked blade assembly inside the corresponding container with the lid secured on top. Do not place anything on top. Loosely wrap the power cord around the cord wrap on the back of the motor base.

### RESETTING THE MOTOR THERMOSTAT

The Ninja Blender 1200 with Auto-iQ Technology features a unique safety system which prevents damage to the unit's motor and drive system should you inadvertently overload your appliance. **If the appliance is being overloaded, the motor will stop. Allow the appliance to cool for approximately 15 minutes.** To reset the appliance, follow the resetting procedure below:

- 1 Unplug the appliance from the electrical outlet.
- 2 Remove and empty the container and ensure that no food is jamming the blade assemblies.
- 3 Allow the appliance to cool for approximately 15 minutes.
- 4 Re-install the container onto the base and re-plug the appliance into the electrical outlet.
- 5 Proceed to use the appliance as before making sure not to exceed the recommended maximum capacities.

## Troubleshooting Guide

**WARNING:** To reduce the risk of shock and unintended operation, turn off power and unplug unit before troubleshooting.

PROBLEMS	POSSIBLE REASONS & SOLUTIONS
<b>Motor Doesn't Start or Stacked Blade Assembly Doesn't Rotate.</b>	<p>Make sure the container is securely placed on motor base.</p> <p>Make sure the lid is securely on container in the correct position (align arrows).</p> <p>The appliance is turned "Off". Press the power button (b) to turn "On".</p> <p>Check that the plug is securely inserted into the electrical outlet.</p> <p>Check the fuse or circuit breaker.</p> <p>The unit has overloaded. The appliance will stop and the power light will flash. Unplug and wait approximately 15 minutes before using again.</p> <p>The unit has overheated. Unplug and wait approximately 15 minutes before using again.</p> <p>Check to make sure the unit is not overloaded.</p>
<b>Food is Unevenly Chopped.</b>	<p>Either you are chopping too much food at one time, or the pieces are not of even size and processing smaller amounts per batch.</p>
<b>Food is Chopped Too Fine or is Too Watery.</b>	<p>The food has been over processed. Use Auto-iQ® Pulse button for controlled processing.</p>
<b>Food Collects On Lid or On the Sides of the Container.</b>	<p>The mixture is too thick. Add more liquid.</p>
<b>You Cannot Achieve Snow From Solid Ice.</b>	<p>Do not use ice that has been sitting out or has started to melt. Use ice straight from the freezer.</p> <p>Start with a few pulses and then go to a continuous blending cycle.</p>
<b>Motor Base Won't Stick to Counter or Table Top.</b>	<p>Make sure surface and suction feet are wiped clean. Suction feet will only stick to smooth surfaces. Suction feet <b>WILL NOT</b> stick on some surfaces such as, wood, tile and non-polished finishes.</p> <p><b>DO NOT</b> attempt to use appliance when the motor base is stuck to a surface that is not secure, (cutting board, platter, plates, etc.).</p>
<b>You get an "Err" Message.</b>	<p>Your Ninja® is able to detect which jar is on the base. You may be trying to use a program that is not designed for the jar you have installed. The programs will light up indicating which programs are available for each jar.</p>
<b>You have a blinking red light.</b>	<p>The unit is not installed properly. For your safety the unit will only be able to be turned on when it is properly assembled. Please refer to the assembly pages of this inspiration guide for assistance.</p>

## Replacement Parts

### ORDERING REPLACEMENT PARTS

To order additional parts and attachments, please visit our website: [ninjaaccessories.com](http://ninjaaccessories.com) or contact customer service: **1-877-646-5288**.



# Shark | NINJA

## ONE (1) YEAR LIMITED WARRANTY

**SharkNinja Operating LLC** warrants this product to be free from material defects and workmanship for a period of one (1) year from the date of purchase when utilized for normal household use, subject to the following conditions, exclusions and exceptions.

The liability of **SharkNinja Operating LLC** is limited solely to the cost of the repair or replacement of the unit at our option. This Limited Warranty does not cover normal wear of parts and does not apply to any unit that has been tampered with or used for commercial purposes. This Limited Warranty does not cover damage caused by misuse, abuse, negligent handling or damage due to faulty packaging or mishandling in transit. This Limited Warranty does not cover damage or defects caused by or resulting from damages from shipping or repairs, service or alteration to the product or any of its parts, which have been performed by a repair person not authorized by **SharkNinja Operating LLC**.

If your appliance fails to operate properly while in use under normal household conditions within the Limited Warranty period, you may return the complete appliance and accessories with proof of purchase and date, freight prepaid. For Customer Service support, call 1-877-646-5288 or visit our website [ninjakitchen.com/warranty](http://ninjakitchen.com/warranty).

If the appliance is found by **SharkNinja Operating LLC** to be defective, in **SharkNinja Operating LLC's** sole discretion, we will repair or replace it free of charge. Proof of purchase date and a check made payable to **SharkNinja Operating LLC** in the amount of \$19.95 to cover the cost of return shipping and handling must be included.\*

This Limited Warranty is extended to the original purchaser of the unit and excludes all other legal, implied and/or conventional warranties. The responsibility of **SharkNinja Operating LLC** if any, is limited to the specific obligations expressly assumed by it under the terms of this Limited Warranty. In no event is **SharkNinja Operating LLC** liable for incidental or consequential damages to anyone of any nature whatsoever. Some states do not permit the exclusion or limitation of incidental or consequential damages, so the above may not apply to you.

This Limited Warranty gives you specific legal rights, and you may also have other rights which vary from state to state or from province to province.

**\*IMPORTANT: Carefully pack item to avoid damage in shipping. Be sure to include proof of purchase date and to attach tag to item before packing with your name, complete address and phone number with a note giving purchase information, model number and what you believe is the problem with the item. We recommend you insure the package (as damage in shipping is not covered by your Limited Warranty). Mark the outside of your package "ATTENTION CUSTOMER SERVICE".**

---

## PRODUCT REGISTRATION

Please visit [registeryourninja.com](http://registeryourninja.com) or call **1-877-646-5288** to register your new Ninja® product within ten (10) days of purchase. You will be asked to provide the store name, date of purchase and model number along with your name and address.

The registration will enable us to contact you in the unlikely event of a product safety notification. By registering you acknowledge to have read and understood the instructions for use, and warnings set forth in the accompanying instructions.



SharkNinja Operating LLC

US: Needham, MA 02494

CAN: Ville St-Laurent, QC H4S 1A7

1-877-646-5288

[ninjakitchen.com](http://ninjakitchen.com)

Copyright © SharkNinja Operating LLC 2016

**Auto-iQ** and **Ninja** are registered trademarks of SharkNinja Operating LLC.

For SharkNinja U.S. Patent information visit [sharkninja.com/USPatents](http://sharkninja.com/USPatents).

Printed in China

BL688Q\_30\_170811\_1



**@ninjakitchen**