

K45886 Brio 3.4 qt. air fryer recipes

CHICKEN FINGERS AND FRENCH FRIES

Preheat to 390, then add 6-8 chicken fingers and fill half the bin half way up with French fries and cook for 16 minutes.

SALMON

2 - 6-7 oz. salmon filet skin on, spray both sides with olive oil and season with salt and pepper

1 lemon cut in half

Preheat to 375, then add salmon skin side down with both halves of lemon, cut side up. Cook for 8 minutes

Plate on bed of greens, maybe arugula salad

TURKEY BREAST

1 - 3 pound turkey breast cut down to allow 1" clearance.

Spray breast with olive oil and season with salt and pepper.

Preheat to 360 and roast for 45 minutes. Spray basket first with olive oil before adding turkey. Check temperature after 30 minutes with temperature gauge and cook until 165 degrees internal temp. Let rest 10 minutes before slicing.

CHEESEY WAFFLE FRIES & SCALLIONS

1 bag waffle fries, frozen

Preheat to 390 and cook for 18 minutes, spray basket first
Remove basket and shake fries to separate, add cheese and chopped scallions. Cook at 360 for 2 minutes.

½ cup shredded cheddar cheese in ramekin

¼ cup chopped scallions

CHICKEN CORDON BLEU

2 medium boneless skinless chicken breasts, pounded

Swiss cheese slices

Ham slices

Breading: breadcrumbs, salt, pepper, parsley.

Coat chicken with beaten egg and roll in prepared bread crumbs mixture.

Preheat to 360. Place square of tin foil in basket then add chicken breast and cook for 25 minutes.

Check temp with gauge and cook to 165 degrees internal temp.

FRIED CHICKEN

Whole bag of frozen chicken, at least two large and two small pieces

Preheat to 375 and cook for 30 minutes

BACON WRAPPED SCALLOPS

10-12 Bacon wrapped scallops

Preheat to 390 and cook 12 minutes

RASPBERRY SOUFFLES

2-3 Beaten egg whites

1 TBS Raspberry jam

3 small ramekins

No preheating. Set temp at 400 and cook for 5 min.