

Every microwave is different...

Microwaves are made with different wattages or powers. Please check the wattage of your microwave before cooking any of these recipes. You will probably find the wattage of your microwave on a sticker placed inside the door, or on the back of the microwave.

The recipes in this booklet were written for and tested with a 1100 W microwave. If your microwave is a different wattage, please adjust the recipe times accordingly.

For a recipe time of 15 minutes in a 1100 W microwave, use the following recipe times for the different wattage below:

<u>Wattage</u>	<u>Adjustment</u>	<u>Recipe Time</u>
900 W	Increase by 25%	19 minutes
1000 W	Increase by 15%	17.5 minutes
1100 W	Use recipe time	15 minutes
1200 W	Decrease by 10%	13.5 minutes
1300 W	Decrease by 20%	12 minutes
1400 W	Decrease by 25%	11 minutes
1500 W	Decrease by 30%	10.5 minutes