

NUTRITIONAL FACTS

GREAT NORTHERN POPCORN

Great Northern Popcorn 4 Ounce Premium
Popcorn Portion Packs, Case of 24

Nutrition Facts	
4 Servings Per Container	
Serving Size	1 oz. (30g)
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrates 17g	6%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 1mg	6%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	
INGREDIENTS: Popcorn, Coconut Oil, Salt, FD & C Yellow, #5 & 6, Beta Carotene (for color), Natural and Artificial flavor.	