

NUTRITIONAL FACTS

RASTELLI

(8) 5oz ABF Super Trimmed Original Chicken Breast

Nutrition Facts	
8 servings per container	
Serving size 1 breast (142g/5oz)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 105mg	35%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 32g	
Vitamin D 0mcg 0% • Calcium 10mg 0%	
Iron 0.5mg 2% • Potassium 470mg 10%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ABF Chicken Breasts

NUTRITIONAL FACTS

RASTELLI

(8) 5oz ABF Super Trimmed Original Chicken Thigh

Nutrition Facts	
8 servings per container	
Serving size 1 Thigh(142g/5oz)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 135mg	45%
Sodium 135mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 28g	
Vitamin D 0mcg 0% • Calcium 20mg 0%	
Iron 1.8mg 10% • Potassium 330mg 8%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ABF Chicken Thighs