

NUTRITIONAL FACTS

Mama Mancini's

60 count Turkey, Beef, or Pork Mini Meatballs

MINI BEEF MEATBALLS AND SLOW COOKED ITALIAN STYLE SAUCE

Nutrition Facts

Serving Size 5 meatball and 1/2 cup of sauce (170g)
Servings per bag approx. 4

Amount Per Serving

Calories 170 **Calories from Fat** 90

% Daily Value*

Total Fat 10g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 50mg	16%
Sodium 600mg	25%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	5%
Sugars 4g	

Protein 13g

Vitamin A 15% • Vitamin C 6%

Calcium 4% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

INGREDIENTS:

Sauce — Italian Plum Tomatoes (Peeled Tomatoes, Tomato Puree, Basil, Salt, Citric Acid), Onion, Olive Oil, Garlic, Xanthan Gum, Bay Leaves, Salt, Pepper.

Meatball — Ground Beef, Breadcrumbs (Unbleached Wheat Flour, Sugar, Yeast, Salt), Pecorino Romano Cheese (Pasteurized Sheep's Milk, Cheese Culture, Salt, Enzymes), Whole Eggs, Onion, Parsley, Salt, Pepper.

CONTAINS: Egg, Milk, Wheat.

Manufactured for MamaMancini's, Inc. East Rutherford, NJ 07073

MamaMancini's Holdings, Inc. is a publicly traded company under the symbol MMB.

MINI TURKEY MEATBALLS AND SLOW COOKED ITALIAN STYLE SAUCE

Nutrition Facts

Serving Size 5 meatball and 1/2 cup of sauce (170g)
Servings per bag approx. 4

Amount Per Serving

Calories 130 **Calories from Fat** 50

% Daily Value*

Total Fat 5.5g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 520mg	22%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	5%
Sugars 3g	

Protein 12g

Vitamin A 20% • Vitamin C 10%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

INGREDIENTS:

Sauce — Italian Plum Tomatoes (Peeled Tomatoes, Tomato Puree, Basil, Salt, Citric Acid), Onion, Olive Oil, Garlic, Xanthan Gum, Bay Leaves, Salt, Pepper.

Meatball — Ground Turkey with natural flavors, Onions, Breadcrumbs (Unbleached Wheat Flour, Sugar, Yeast, Salt), Pecorino Romano Cheese (Pasteurized Sheep's Milk, Cheese Culture, Salt, Enzymes), Whole Eggs, Parsley, Dijon Mustard (Mustard Seed, Vinegar, Water, Salt, Spices), Salt, Pepper, Spices.

CONTAINS: Egg, Milk, Wheat.

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MINI PORK MEATBALLS AND SLOW COOKED ITALIAN STYLE SAUCE

Nutrition Facts

Serving Size 5 meatball and 1/2 cup of sauce (170g)
Servings per bag approx. 4

Amount Per Serving

Calories 207 **Calories from Fat** 99

% Daily Value*

Total Fat 11g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 29mg	10%
Sodium 816mg	34%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	5%
Sugars 4g	

Protein 12g

Vitamin A 10% • Vitamin C 6%

Calcium 3% • Iron 5%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

INGREDIENTS:

Sauce — Italian Plum Tomatoes (Peeled Tomatoes, Tomato Puree, Basil, Salt, Citric Acid), Onion, Olive Oil, Garlic, Xanthan Gum, Bay Leaves, Salt, Pepper.

Meatball — Pork (with Salt, Natural Flavorings, Water, Sugar), Breadcrumbs (Unbleached Wheat Flour, Sugar, Yeast, Salt)

CONTAINS: Wheat

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