

NUTRITIONAL FACTS

My Grandma's Coffee Cake of New England

NUTRITION FACTS Lemon Coconut



Nutrition Facts	
Serving Size: 1/14 cake (57g)	
Servings Per Container 14	
Amount per Serving	
Calories 240	Calories from fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 280mg	12%
Total Carbohydrate 30g	10%
Dietary Fiber <1g	2%
Sugars 21g	
Protein 2g	
Vitamin A 2% • Vitamin C 0%	
Calcium 8% • Iron 4%	
* Percent Daily Values are based on a 2,000 calorie diet.	

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, Enriched Bleached Wheat Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Sour Cream (cultured milk, cream, nonfat milk, rennet), Egg, Coconut (coconut, sugar, water), Soybean Oil, Palm Oil, Lemon Extract, Vanilla Extract, Leavening (monocalcium phosphate, baking soda, sodium acid pyrophosphate, cornstarch), Modified Food Starch, Propylene Glycol, Mono and Di-esters of Fat and Fatty Acids (emulsifier), Dextrose, Egg Whites, Mono and Di-glycerides (emulsifier), Salt, Natural Flavor, Sodium Stearoyl Lactylate (emulsifier), Tetrasodium Pyrophosphate, Disodium Phosphate, Xanthan Gum, Calcium Sulphate, Gum Arabic, Soy Lecithin as an emulsifier, Cellulose Gum, Turmeric Extracts (for added color).



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CONTAINS WHEAT, EGGS, SOY (OIL, LECITHIN), COCONUT, AND MILK.
MANUFACTURED IN A FACILITY THAT USES TREE NUTS.

NUTRITIONAL FACTS

My Grandma's Coffee Cake of New England

Nutritional Facts

28 oz Cinnamon Walnut Coffee Cake

Cinnamon Walnut Coffee Cake

This product contains tree nuts.

Nutrition Facts		Calories 2,000 2,500	
Serving Size 1/14 cake (57g)		Total Fat	Less Than 65g 80g
Servings Per Container 14		Sat Fat	Less Than 20g 25g
Amount per Serving		Cholesterol	Less Than 300mg 300mg
Calories 280	Calories from Fat 140	Sodium	Less Than 2,400mg 2,400mg
% Daily Value*		Total Carbohydrate	300g 375g
Total Fat 15g	24%	Dietary Fiber	25g 30g
Saturated Fat 4.5g	23%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Trans Fat 0g		INGREDIENTS: Sugar, Sour Cream (Cultured Pasteurized Milk, Cream, Nonfat Milk, and Rennet), Enriched Bleached Wheat Flour (Wheat, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs, Soybean Oil, Walnuts, Palm Oil, Leavening (Monocalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Cornstarch, Modified Food Starch, Propylene Glycol Mono- and Diesters of Fat and Fatty Acids (Emulsifier), Vanilla Extract, Cinnamon, Dextrose, Egg Whites, Mono- and Diglycerides (Emulsifier), Salt, Natural Flavors, Sodium Stearyl Lactylate (Emulsifier), Tetrasodium Pyrophosphate, Disodium Phosphate, Xanthan Gum, Calcium Sulphate, Gum Arabic, Soy Lecithin, Cellulose Gum, Extractives of Turmeric (for color).	
Cholesterol 40mg	14%		
Sodium 280mg	12%	7 01826 10001 0	
Total Carbohydrate 32g	11%		
Dietary Fiber less than 1g	3%		
Sugars 22g			
Protein 3g			
Vitamin A 4%	• Vitamin C 0%		
Calcium 8%	• Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

CONTAINS: EGGS, MILK, SOY, WHEAT, WALNUTS.
MADE IN FACILITY THAT USES PEANUTS.

Net wt. 28 oz
(794g)

