

NUTRITIONAL FACTS

Oceans 97

(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Shrimp

Nutrition Facts

Serving Size 4 oz. raw (142g)

Servings Per Container 6-8

Amount Per Serving

Calories 120 **Calories from Fat** 15

% Daily Values*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 160mg **53%**

Sodium 155mg **6%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 22g **44%**

Vitamin C 4% ● Calcium 3%

Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

| | Calories | 2,000 | 2,500 |
|--------------------|-----------|--------|--------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2400mg | 2400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

ALLERGENS: SHELLFISH

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(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Cajun Curry Sauce

Nutrition Facts (for sauce only)

About 6-8 servings per container
Serving size 4 ounces
(142g)

Amount per serving
Calories

120

| Amount Per Serving | % Daily Value* | Amount Per Serving | % Daily Value* |
|-------------------------|----------------|-------------------------------|----------------|
| Total Fat 4.5g | 6% | Total Carbohydrate 14g | 5% |
| Saturated Fat 1.5g | 8% | Dietary Fiber 0g | 0% |
| Trans Fat 0g | | Total Sugars 6g | |
| Cholesterol 70mg | 23% | Includes g of Added Sugars | |
| Sodium 620mg | 27% | Protein <1g | 2% |
| Vitamin D 1mcg | 4% | Iron 0mg | 0% |
| Calcium 127mg | 10% | Potassium 30mg | 1% |

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Coconut Milk, Sake Rice Wine, Oyster Sauce, Sweet Chili Paste (Sugar, Shallot, Garlic, Soya Bean Oil, Dried Chili, Dried Shrimp, Tamarind, Spices) Fish Sauce (Anchovy Extract, Salt, Sugar), Garlic, Roasted Chili (Red Chili, Garlic, Onion, Soy Bean Oil), Xanthan Gum.
Contains: Soy, Anchovy.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.

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(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Chimichurri Sauce

Nutrition Facts (for sauce only)

About 6-8 servings per container
Serving size 4 ounces
(142g)

Amount per serving

Calories

250

| Amount Per Serving | % Daily Value* | Amount Per Serving | % Daily Value* |
|------------------------|----------------|-------------------------------|----------------|
| Total Fat 20g | 26% | Total Carbohydrate 17g | 6% |
| Saturated Fat 3g | 15% | Dietary Fiber 1g | 4% |
| Trans Fat 0g | | Total Sugars 13g | |
| Cholesterol 0mg | 0% | Includes 12g of Added Sugars | 24% |
| Sodium 1490mg | 65% | Protein 2g | 4% |
| Vitamin D 0mcg | 0% | Iron 1mg | 8% |
| Calcium 42mg | 4% | Potassium 180mg | 4% |

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Olive Oil (Pomace), Lime Juice, Red Wine Vinegar, Fish Sauce (Anchovy Extract, Salt, Sugar), Cilantro, Sugar, Parsley, Garlic, Salt, Red Pepper Flakes, Oregano, Basil, Black Pepper, Xanthan Gum, Citric Acid.
Contains: Anchovy.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.

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Oceans 97

(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Garlic Butter Sauce

Nutrition Facts *(for sauce only)*

About 6-8 servings per container
Serving size 4 ounces
(142g)

Amount per serving
Calories

760

| Amount Per Serving | % Daily Value* | Amount Per Serving | % Daily Value* |
|-------------------------|----------------|-------------------------------|----------------|
| Total Fat 84g | 108% | Total Carbohydrate <1g | 0% |
| Saturated Fat 22g | 110% | Dietary Fiber 0g | 0% |
| Trans Fat 0.5g | | Total Sugars 0g | |
| Cholesterol 50mg | 17% | Includes g of Added Sugars | |
| Sodium 800mg | 35% | Protein 2g | 4% |
| Vitamin D 4mcg | 20% | Iron 0mg | 0% |
| Calcium 42mg | 4% | Potassium 65mg | 1% |

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Margarine (Soybean Oil, Water, Salt, Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Calcium Disodium EDTA, Beta Carotene, Vitamin A), Butter, Olive Oil (Pomence), Soy Sauce, Garlic, Lemon Juice, Black Pepper, Xanthan Gum.
Contains: Dairy, Soy, Anchovy.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.

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Oceans 97

(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

New Orleans BBQ Sauce

Nutrition Facts

(for sauce only)

About 6-8 servings per container

Serving size **4 ounces**
(142g)

Amount per serving
Calories

780

| Amount Per Serving | % Daily Value* | Amount Per Serving | % Daily Value* |
|-------------------------|----------------|-------------------------------|----------------|
| Total Fat 81g | 104% | Total Carbohydrate 12g | 4% |
| Saturated Fat 24g | 120% | Dietary Fiber 2g | 7% |
| Trans Fat 1g | | Total Sugars 9g | |
| Cholesterol 65mg | 22% | Includes 4g of Added Sugars | 8% |
| Sodium 1460mg | 63% | Protein 2g | 4% |
| Vitamin D 6mcg | 30% | Iron 1mg | 8% |
| Calcium 81mg | 6% | Potassium 200mg | 4% |

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Margarine (Soybean Oil, Water, Salt, Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Calcium Disodium EDTA, Beta Carotene, Vitamin A), Butter, Water, Worcestershire Sauce (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, ANCHOVIES, WATER, SALT, CARMEL COLOR, SUGAR, SPICES, NATURAL FLAVORS (SOY), TAMARIND EXTRACT), Salt, Paprika, Sugar, Lemon Juice, Garlic, Black Pepper, Xanthan Gum, Spices. Contains: Dairy, Anchovies.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.