

NUTRITIONAL FACTS

Amish Country

(24) 3.5 oz. Bags of Butter & Cheddar Popcorn

Butter

Nutrition Facts

Serving Size 2 TBSP (33g)

Servings per container 3

Amount Per Serving

Calories 160

Fat Calories 70

% Daily Value*

Total Fat 8g 12%

Sat. Fat 4g 20%

Trans Fat 0g

Cholest. 0mg 0%

Sodium 340mg 14%

Total Carb. 20g 7%

Fiber 3g 12%

Sugars 0g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: POPCORN, PALM OIL, SALT, NATURAL AND ARTIFICIAL BUTTER FLAVOR, SOY LECITHIN, AND BETA CAROTENE FOR COLOR

Allergen Information: May Contain Dairy and Soy

NUTRITIONAL FACTS

Amish Country

(24) 3.5 oz. Bags of Butter & Cheddar Popcorn

Cheddar

Nutrition Facts

Serving Size 2 TBSP (33g)

Servings per container 3

Amount Per Serving

Calories 170

Fat Calories 100

% Daily Value*

Total Fat 11g 17%

Sat. Fat 5g 25%

Trans Fat 0g

Cholest. 0mg 0%

Sodium 370mg 15%

Total Carb. 16g 5%

Fiber 3g 12%

Sugars 0g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
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Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: POPCORN, PALM OIL, SALT, NATURAL AND ARTIFICIAL CHEESE FLAVOR, SOY LECITHIN, FD&C YELLOW LAKE#5, FD&C YELLOW LAKE#6, BETA CAROTENE FOR COLOR

Allergen Information: Dairy and Soy Ingredients