



# NUTRITIONAL FACTS

Harry & David

(6) 10 oz. Bags Holiday Moose Munch Asst.

## Nutrition Facts

Serving Size About 1/2 Cup (40g)  
Servings Per Container 7

### Amount per Serving

**Calories** 170      **Calories from Fat** 40

**% Daily Value\***

**Total Fat** 4g      **6%**

**Saturated Fat** 2g      **10%**

**Trans Fat** 0g

**Cholesterol** 10mg      **3%**

**Sodium** 160mg      **7%**

**Total Carbohydrate** 32g      **11%**

**Dietary Fiber** < 1 g      **3%**

**Sugars** 18g

**Protein** 2g

**Vitamin A** 0%      •      **Vitamin C** 0%

**Calcium** 0%      •      **Iron** 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

## ALL CARAMEL MOOSE MUNCH® POPCORN

INGREDIENTS: CORN SYRUP, SUGAR, POPCORN, BUTTER (CREAM [MILK], SALT), WATER, ALMONDS, CASHEWS (WITH PEANUT AND/OR COTTONSEED OIL), HONEY, BROWN SUGAR, SALT, SOY LECITHIN, NATURAL FLAVOR, BHA/BHT IN CORN OIL TO RETARD OXIDATION.

CONTAINS ALMOND, CASHEW, MILK, SOY

Made By:

**HARRY AND DAVID, LLC**

MEDFORD, OR 97501

800-547-3033

[harryanddavid.com](http://harryanddavid.com)

**MAY CONTAIN TRACE AMOUNTS OF ALLERGENS NOT LISTED IN THE INGREDIENTS**

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CONTAINS ABSORBENT CLAY PACKET TO PREVENT MOISTURE

NET WT

**10 oz (283g)**

# NUTRITIONAL FACTS

Harry & David

(6) 10 oz. Bags Holiday Moose Munch Asst.

## SMORES MOOSE MUNCH POPCORN

### Nutrition Facts

Serving Size About 1/2 Cup (40g)

Servings Per Container About 7

#### Amount per Serving

**Calories** 190      **Calories from Fat** 60

**% Daily Value\***

**Total Fat** 7g      **11%**

**Saturated Fat** 4g      **20%**

**Trans Fat** 0g

**Cholesterol** 10mg      **3%**

**Sodium** 140mg      **6%**

**Total Carbohydrate** 31g      **10%**

**Dietary Fiber** 1g      **4%**

**Sugars** 19g

**Protein** 1g

**Vitamin A** 4%      •      **Vitamin C** 0%

**Calcium** 2%      •      **Iron** 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: CORN SYRUP, SUGAR, MILK CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, MILK, COCOA BUTTER, SOY LECITHIN, VANILLA), BUTTER (CREAM [MILK], SALT), POPCORN, GRAHAM CRACKERS (ENRICHED WHEAT FLOUR [WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, GRAHAM FLOUR [WHEAT], HIGH OLEIC CANOLA OIL AND/OR CANOLA OIL, HIGH FRUCTOSE CORN SYRUP, HONEY, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SALT, ARTIFICIAL FLAVOR, SOY LECITHIN, CORNSTARCH), WATER, MARSHMALLOWS (CORN SYRUP, SUGAR, MODIFIED CORNSTARCH, GELATIN), HONEY, BROWN SUGAR, SALT, SOY LECITHIN, ARTIFICIAL FLAVOR, BHA/BHT IN CORN OIL TO RETARD OXIDATION.

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NET WT  
10 oz (283g)

CONTAINS MILK, SOY,  
WHEAT



# NUTRITIONAL FACTS

Harry & David

(6) 10 oz. Bags Holiday Moose Munch Asst.

## Nutrition Facts

Serving Size About 1/2 Cup (40g)

Servings Per Container 7

### Amount per Serving

**Calories** 190      **Calories from Fat** 80

**% Daily Value\***

**Total Fat** 9g      **14%**

**Saturated Fat** 4g      **20%**

*Trans Fat* 0g

**Cholesterol** 10mg      **3%**

**Sodium** 135mg      **6%**

**Total Carbohydrate** 29g      **10%**

**Dietary Fiber** 1g      **6%**

**Sugars** 18g

**Protein** 2g

**Vitamin A** 4% • **Vitamin C** 0%

**Calcium** 2% • **Iron** 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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## PEPPERMINT MOOSE MUNCH® POPCORN

INGREDIENTS: CORN SYRUP, SUGAR, DARK CHOCOLATE (CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, BUTTER OIL [MILK], SOY LECITHIN, VANILLA, MILK TRACES), POPCORN, BUTTER (CREAM [MILK], SALT), WATER, ALMONDS, CASHEWS (WITH PEANUT OIL AND/OR COTTONSEED OIL), HONEY, BROWN SUGAR, CRUSHED PEPPERMINT CANDY (SUGAR, CORN SYRUP, PEPPERMINT OIL, ARTIFICIAL COLOR [RED #40]), WHITE CHOCOLATE (SUGAR, COCOA BUTTER, MILK, SOY LECITHIN, VANILLA), SALT, SOY LECITHIN, ARTIFICIAL COLOR (MEDIUM CHAIN TRIGLYCERIDES, RED #40 LAKE, SOY LECITHIN), NATURAL FLAVOR, PEPPERMINT OIL, BHA/BHT IN CORN OIL TO RETARD OXIDATION.

CONTAINS ALMOND, CASHEW, MILK, SOY

Made By: **HARRY AND DAVID, LLC**

**MEDFORD, OR 97501**

**800-547-3033**

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**MAY CONTAIN TRACE AMOUNTS OF  
ALLERGENS NOT LISTED IN THE  
INGREDIENTS**

**CONTAINS ABSORBENT CLAY  
PACKET TO PREVENT MOISTURE**

NET WT

**10 oz (283g)**

# NUTRITIONAL FACTS

Harry & David

(6) 10 oz. Bags Holiday Moose Munch Asst.

## Nutrition Facts

Serving Size About 1/2 Cup (40g)

Servings Per Container 7

Amount per Serving

**Calories** 190      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 7g      **11%**

**Saturated Fat** 4g      **20%**

**Trans Fat** 0g

**Cholesterol** 10mg      **3%**

**Sodium** 140mg      **6%**

**Total Carbohydrate** 30g      **10%**

**Dietary Fiber** 1g      **4%**

**Sugars** 18g

**Protein** 1g

**Vitamin A** 0%      •      **Vitamin C** 0%

**Calcium** 2%      •      **Iron** 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

## MILK CHOCOLATE MOOSE MUNCH® POPCORN

INGREDIENTS: CORN SYRUP, SUGAR, MILK CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, MILK, COCOA BUTTER, SOY LECITHIN, VANILLA), POPCORN, BUTTER (CREAM [MILK], SALT), WATER, ALMONDS, CASHEWS (WITH PEANUT AND/OR COTTONSEED OIL), HONEY, BROWN SUGAR, SALT, SOY LECITHIN, NATURAL FLAVOR, BHA/BHT IN CORN OIL TO RETARD OXIDATION.

CONTAINS ALMOND, CASHEW, MILK, SOY

Made By:

**HARRY AND DAVID, LLC**

MEDFORD, OR 97501

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**MAY CONTAIN TRACE AMOUNTS OF ALLERGENS NOT LISTED IN THE INGREDIENTS**

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CONTAINS ABSORBENT CLAY PACKET TO PREVENT MOISTURE

NET WT

**10 oz (283g)**

# NUTRITIONAL FACTS

Harry & David

(6) 10 oz. Bags Holiday Moose Munch Asst.

## Nutrition Facts

Serving Size About 1/2 Cup (40g)

Servings Per Container 7

Amount per Serving

**Calories** 190      **Calories from Fat** 70

% Daily Value\*

**Total Fat** 7g      **11%**

**Saturated Fat** 3.5g      **18%**

**Trans Fat** 0g

**Cholesterol** 10mg      **3%**

**Sodium** 135mg      **6%**

**Total Carbohydrate** 29g      **10%**

**Dietary Fiber** 1g      **5%**

**Sugars** 17g

**Protein** 2g

**Vitamin A** 2%      •      **Vitamin C** 0%

**Calcium** 0%      •      **Iron** 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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## DARK CHOCOLATE MIX MOOSE MUNCH® POPCORN

INGREDIENTS: CORN SYRUP, SUGAR, DARK CHOCOLATE (CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, BUTTER OIL [MILK], SOY LECITHIN, VANILLA, MILK TRACES), POPCORN, BUTTER (CREAM [MILK], SALT), WATER, ALMONDS, CASHEWS (WITH PEANUT AND/OR COTTONSEED OIL), HONEY, BROWN SUGAR, SALT, SOY LECITHIN, NATURAL FLAVOR, BHA/BHT IN CORN OIL TO RETARD OXIDATION.

CONTAINS ALMOND, CASHEW, MILK, SOY

Made By:

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**MAY CONTAIN TRACE  
AMOUNTS OF ALLERGENS  
NOT LISTED IN THE  
INGREDIENTS**

CONTAINS ABSORBENT CLAY  
PACKET TO PREVENT MOISTURE

NET WT

**10 oz (283g)**