

MY NINJA TSV STORM RECIPES:

Balsamic Vinaigrette

Ingredients

3/4 cup extra virgin olive oil
1/3 cup balsamic vinegar
2 cloves garlic
2 teaspoons Dijon mustard
1/2 teaspoon dry oregano
1/2 teaspoon dry basil
1/2 teaspoon sugar
1/2 teaspoon salt
1/4 teaspoon ground black pepper

Method

Place all ingredients into the 40-ounce Ninja Storm in the order listed and process for 15 seconds.

Banana Cream Pie Milkshake

Ingredients

2 small bananas
2 cups vanilla ice cream
1 tablespoon instant vanilla pudding mix
12-14 vanilla wafers
1 cup whole milk

Method

Place all ingredients into the 40-ounce Ninja Storm in the order listed and process for 25 seconds.

Dulce de Leche Cheesecake bars

Ingredients for crust

1 package of 9-10 graham crackers
1/3 cup sugar
4 tablespoons (2 ounces) butter, melted

Method for crust

Preheat oven at 350 degrees

Place graham crackers, roughly broken, into the 40-ounce Ninja storm. Pulse 8 to 10 times. Add sugar and butter and process until completely incorporated.

Lightly coat with cooking spray a 9x11 inch baking pan and press graham cracker mixture into the bottom of the pan.

Bake for 8 minutes, remove from oven.

Ingredients for cheesecake

2 (8 ounce) packages cream cheese, cut into 1 inch cubes, softened

3/4 cup white sugar

1/2 cup sour cream

3/4 cup heavy cream

2 ½ tablespoons all-purpose flour

2-1/4 teaspoons vanilla extract

3 large eggs

1-13.4oz can dulce de leche

Method for cheesecake

Place cream cheese, sugar, sour cream, heavy cream, flour, vanilla and eggs into 40-ounce Ninja Storm and blend until mixture is creamy and no lumps, about 25-35 seconds, scraping down sides of the bowl if necessary.

Pour mixture over baked crust.

Bake in the preheated oven for 30 to 40 minutes, or until center is almost set (filling will be lightly soft in the middle). Let cool at room temperature. Place dulce de leche into a microwave safe bowl and warm up for 35 seconds. Pour over the cheesecake and gently spread until evenly coated. Refrigerate at least 6 hours or overnight.

Frozen Yogurt Fruit Ice Cream

Ingredients

8 ounces frozen tropical fruit medley chunks (kiwis, strawberries, papaya, mangoes and pineapple)

2/3 cup plain low fat liquid yogurt beverage or plain low fat cultured milk smoothie beverage

Method

Place all ingredients into the 40-ounce Ninja Storm in the order listed and process for 35-40 seconds.